

## **ABBREVIATION**

AAAS	American Association for the Advancement of Science
AD	Alzheimer's Disease
ADL	Activities of Daily Living
ANOVA	Analysis of Variance
BMI	Body Mass Index
CC	Calf circumference
CI	Confidence Interval
CI	Cognitive Impairment
CSR	Child Sex-ratio
CVD	Cardiovascular Disease
DALYs	Disability Adjusted Life Years
EL	Existential Loneliness
GDS-15	Geriatric Depression Scale-15
GHQ-28	General Health Questionnaire-28
HC	Hip circumference
HRQoL	Health Related Quality of Life
IADL	Instrumental Activities of Daily Living
IGA	Indian Gerontological Association
MAC	Mid-arm circumference
MCI	Mild Cognitive Impairment
MMSE	Mini Mental State Examination
MNA	Mini Nutritional Assessment
MUAC	Mid upper arm circumference
NIA	National Institute on Aging
QoL	Quality of Life
SPSS	Statistical Packages for Social Science
UCLA	University of California, Los Angeles
WC	Waist circumference
WHO	World Health Organization
WHR	Waist-Hip Ratio
WHtR	Waist-Height Ratio