M.Sc. 3rd Semester Examination, 2015 NUTRITION AND DIETETICS

PAPER - NUD-302 (Module-I & II)

Full Marks: 40

Time: 2 hours

Answer all questions

The figures in the right-hand margin indicate marks

Candidates are required to give their answers in their own words as far as practicable

Illustrate the answers wherever necessary

(Therapeutic Nutrition)

MODULE-I

- 1. Answer any five questions of the following: 1×5
 - (a) What is cross-link theory?
 - (b) Write any two characteristics of clear fluid diet.
 - (c) Write the full form of NCEP.

(Turn Over)

- (d) Define 'food diary'.
- (e) What do you mean by atherosclerosis?
- (f) Write the name of two diseases under CMD.
- (g) Write any two features of TPN.
- (h) What is pre-operational diet?
- 2. (a) Mention the types of therapeutic diet?
 - (b) What are the differences between therapeutic and normal diet?
 - (c) Write the steps for the conversion of normal diet to therapeutic diet. 1+2+5

Or

- (a) "Nutritional screening is an important biomedical sensor for disease isolation."—
 Justify the statement from the viewpoint of nutrition.
- (b) Write the application of nutritional screening in the field of disease diagnosis. 5+3

- 3. (a) Discuss the differences between enteral and parenteral nutrition.
 - (b) Give a brief account of the nutrient contents of TPN for children. 3+4

Or

- (a) What does the term 'CMD' refers to?
- (b) State the common pathophysiology of CMD.
- (c) Write a note on guidelines for therapeutic managements of CMD. 1+3+3

MODULE-II

- 4. Answer any five questions of the following: 1×5
 - (a) What do you mean by nephritis?
 - (b) What are the symptoms of cirrhosis of liver?
 - (c) Mention the importance of vitamin B₂ in the prevention of cataract.

- (d) What is hyperkalaemia?
- (e) Mention the importances of frequency and duration of dialysis.
- (f) Write down the two common causes of hepatitis.
- (g) Mention the symptoms of tuberculosis.
- (h) Write the names of two auto-immune diseases.
- 5. (a) What is jaundice?
 - (b) Mention the causes of jaundice.
 - (c) What are the measures to be taken in the management of jaundice? 2+1+5

Or

- (a) What is the basic principle of dialysis?
- (b) What are the criteria to suggest dialysis for a patient?
- (c) What are the merits and demerits of peritoneal dialysis? 2+2+4

(Continued)

- 6. (a) How cataract is detected and treated?
 - (b) Discuss the hypothesis for cataractogenesis. 4+3

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- (a) How cytokines are released from a cell?
- (b) Discuss the nutritional management of any one immunodeficiency disorder with special reference to its pathophysiology. 2+5