(4)

7. Write a note on the free radical theory of aging.

4

4

8. How can an outbreak be detected?

GROUP-C

Answer any one question:

 $8 \times 1 = 8$

- **9.** Mention the difference between a low fibre and a low residue diet. Discuss the role of nutrition personnel in diet therapy. State the principle of injury prevention. Describe some warm up techniques.

 2+2+2+2
- **10.** Define and classify hypertension. Describe the important norms for prevention and control of malaria. (1+2)+(2+3)



Total Pages—04

PG/2nd Sem/PHY-204/24

2024

M.Sc. 2nd Semester Examination HUMAN PHYSIOLOGY PAPER: PHY-204(CBCS)

Full Marks: 40
Time: 2 hours

The figures in the right-hand margin indicate marks.

Candidates are required to give their answers in their own words as far as practicable.

Illustrate the answers wherever necessary.

SECTION-A
PAPER: PHY-204.1
(Life Style and Health)

GROUP-A

Answer any two questions:

/975

 $2 \times 2 = 4$

(Turn Over)

- 1. Mention the characteristic features of Non-Communicable Diseases (NCD). 2
- **2.** What are the peculiarities of infectious disease? Give examples. 1+1

PG/2nd sem/PHY-204/24

BL24/5(121)-100

(2)

- **3.** Mention the major food components responsible for immunity development.
- **4.** What is a disease reservoir? Give example.

1 + 1

GROUP-B

Answer any **two** questions:

 $4 \times 2 = 8$

- **5.** Discuss the mode of transmission of communicable diseases through 'fecal-oral transmission' and 'droplet contact'. 2+2
- **6.** Write down the modifiable and nonmodifiable risk factors of cardiovascular diseases. 2+2
- **7.** Define and classify malnutrition. Write briefly on the causes of malnutrition. 1+1+2
- **8.** Discuss briefly on the factors affecting psychosocial health.

GROUP-C

Answer any one question:

8×1=8

9. State the altered metabolism of carbohydrate and protein in type-II diabetes mellitus. What is gestational diabetes? Describe the process of clinical assessment of malnutrition.

(2+2)+1+3

(Continued)

(3)

10. With a schematical diagram, briefly describe 'epidemiological triad'. Differentiate between epidemic and endemic. Mention the differences between isolation and quarantine. 3+3+2

SECTION-B

PAPER: PHY-204.2

(Importance of Health Education and its promotion)

GROUP-A

Answer any two questions:

 $2 \times 2 = 4$

- **1.** What are the differences between fortification and supplementation?
- 2. Mention the factors affecting blood pressure.
- **3.** Name two diseases of epidemic potential under emergency situation.
- **4.** Describe any two effects of 'warm up' on human body.

GROUP—B

Answer any two questions:

 $2 \times 4 = 8$

- **5.** Write a short note on Repetitive motion injury.
- **6.** With a suitable labeled diagram, describe the histological features of blood vessels. 2+2

/975 (*Turn Over*)

/975